

# EASYBIKE MAREMMA

OUR SERVICES 2021

  
**EasyBike**  
easybikemaremma.it

*Se mi seguirai,  
non ti  
perderai*

## GUIDED BIKE TOURS

Our bike tours to discover the secret places of the Maremma immersed in the nature on trails suitable to everybody

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## BIKE RENTAL

We rent every kind of bike from normal City-, Trekking- or Mountain bikes to all types of e-bikes

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## BIKE SHOP

In our bike shop at Castiglione della Pescaia you find any kind of accessories and technical bike wear of the best brands

# OUR BIKE TOURS FOR THE SEASON 2021

**SOME MORE  
INFORMATION TO  
ASK YOUR CLIENTS IN  
ORDER TO ORGANIZE  
THE TOUR AT ITS  
BEST**

**WHAT KIND OF BIKE TOUR  
ARE YOU INTERESTED IN?**

We offer many kinds of bike tours. Some tours are very easy and suitable also to families with children, while other tours are following more technical trails. You will find all the information in this brochure.

**CAN WE PROGRAM THE  
TOUR IN ADVANCE?**

In order to organize the tour as best as possible vi kindly ask you to inform us about the request with some advance.

**SOME TECHNICAL  
INFORMATION**

We kindly ask you for some technical information:  
the approximate height of the participants  
the age of children who are going to participate

With this brochure we present you the most beautiful tours we have chosen to propose exclusively to you:

- Bike Wine & Food tour with tasting of local products and wines
- Family bike tour
- Cala Violina bike tour
- Borghi & Castelli tour
- Personalized tours
- Tours for groups and incentives

On the following pages you will find a description for any kind of the proposed tours with indications of level of difficulty, duration, distance and recommended type of bicycle.

For any further information and the reservation of our services we kindly ask you to contact us.



## SOME MORE INFORMATION ON OUR BIKE FOOD & WINE TOUR

### WHAT IS INCLUDED IN THE BIKE FOOD & WINE TOUR?

Our easy bike ride starts directly at our bike shop at Castiglione della Pescaia. Just after some hundred meters we find the country and dirt roads with low traffic that bring us to the typical countryside with its olive groves, sunflower fields and vineyards.

On a suggestive and non-demanding trail we reach the famous winery "Le Mortelle", where we can relax under mulberry trees in the beautiful garden and taste a glass of wine and their organic fruit.

### HOW LONG TAKES THE BIKE FOOD & WINE TOUR?

Our tour to the winery "Le Mortelle" lasts about 3 hours and is suitable to all people and families with children.

### WE RECOMMEND

For families we recommend the use of our e-bikes for the trail. For the children we dispose of comfortable front and back bicycle seats or of our much requested bike trolley.

### THE ALTERNATIVES

For all the people who would like to ride a longer tour of a whole day we can reach the wineries of Rocca di Montemassi or Rocca di Frassinello and turn back with our comfortable Van (9 seats). Depending on the requested services we are glad to elaborate a customized offer.

# BIKE FOOD & WINE TOUR

## LE MORTELLE - ROCCA DI FRASSINELLO - FERTUNA

We recommend the use of e-bike, trekking bike, mtb front



#### The rate includes:

- Specialized bicycle guide
- Bike helmet
- Technical assistance
- Insurance
- Wine tasting (1 glass of wine, Italian schiaccia)



DIFFICOLTÀ

easy



DURATA

2-3 hours



DISTANZA

about 25 km



TIPO BICI

e-bike  
trekking b.  
mtb front



TERRENO

asphalted /  
dirt roads



# FAMILY BIKE & RELAX TOUR

We recommend the use of City or trekking bikes, kid's bikes o trolleys for children



## SOME MORE INFORMATION ON OUR FAMILY BIKE & RELAX TOUR

### WHAT IS INCLUDED IN THE FAMILY BIKE & RELAX TOUR?

We are going to ride between sunflower fields and olive groves and on easy trails in the forest that are ideal for all the family. We are biking in a relaxed and quiet almost forgotten atmosphere. We can visit the nature reserve of the Diaccia Botrona or reach the ruins of the Eremo di San Guglielmo that will give us beautiful landscapes and unique emotions.

### HOW LONG TAKES THE FAMILY BIKE FOOD & RELAX TOUR?

All the Family tours are not too long and suitable to all people. The trails follow level dirt roads surrounded by nature. The length is always about 20 km.

### WE RECOMMEND

For families we recommend the use of our e-bikes for the trail. For the children we dispone of comfortable front and back bicycle seats or of our much requested bike trolley. Children who are already able to bike can be equipped with one of our kids' bikes.



DIFFICOLTÀ

easy



DURATA

2-3 hours



TIPO BICI

e-bike, City o trekking bike



DISTANZA

about 20 km



TERRENO

asphalted / dirt roads

#### The rate includes:

- Specialized bicycle guide
- Bike helmet
- Technical assistance
- Insurance



# MAREMMA REGIONAL PARK & DIACCIA BOTRONA NATURE RESERVE

## SOME MORE INFORMATION ON OUR TOURS PARKS AND NATURE RESERVES

### WHAT IS INCLUDED IN OUR TOURS?

In Maremma the oasis and parks cover about 40.000 h and are home to a rich variety of flora and fauna. Depending on the season most of them are open to visitors. Thanks to the new bridge of the river Ombrone connecting Marina di Grosseto and Castiglione della Pescaia, we can reach by bike the pristine beach of Marina di Alberese and swim in the cristalline water of the sea!

The other area of naturalistic interest is the nature reserve of Diaccia Botrona, a protected area and home to thousands of migratory birds and non, for example the pink flamingos. fenicotteri rosa. On a perimeter path of about 14 km we can stop for bird watching, visit the ruins of an ancient Roman villa and admire the colours and peace of this beautiful area.

### HOW LONG TAKE THE BIKE TOURS IN THE PARKS?

Our bike tour to reach the regional park of the Maremma start at Castiglione della Pescaia and last about 4-5 hours. For a tour to the nature reserve of Diaccia Botrona also 2-3 hours can be enough because of the proximity to Castiglione della Pescaia.

### WE RECOMMEND

During the summer season we recommend to do the tour to the Diaccia Botrona in the early morning hours or in the late afternoon. For the regional park of the Maremma we can also organize a transfer to go or a pick-up service on return in the proximities of the park.

We recommend the use of e-bikes, trekking bikes or mtb



**DIFFICOLTÀ**  
easy /  
intermediate



**DURATA**  
2-3 hours



**DISTANZA**  
about 40  
km



**TERRENO**  
asphalted /  
dirt roads



**TIPO BICI**  
e-bike, mtb  
Gravel bike



**BIKE SHUTTLE**  
a richiesta

#### The rate includes:

- Specialized bicycle guide
- Bike helmet
- Technical assistance
- Insurance



# CALA VIOLINA TOUR

We recommend the use of e-bikes, mtb front o full suspension, Gravel bikes



## SOME MORE INFORMATION ON OUR CALA VIOLINA BIKE TOUR

### WHAT IS INCLUDED IN THE CALA VIOLINA BIKE TOUR?

Cala Violina is one of the most famous beaches of the Maremma that surprises us again and again with its wild beauty and the cristalline sea. The bay is one of the preferred spots for mountain bikers with the fit network bike trails surrounding it. There are plenty of single tracks of various levels of difficulty also for the more exigent bikers. For families and beginners there are trails along the coast to reach the bay and offering breathtaking views!

### HOW LONG TAKES THE CALA VIOLINA BIKE TOUR?

Our bike tours to reach Cala Violina with start at Castiglione della Pescaia last about 2-3 hours. The specific trail depends on the bicycle type and the ability of the single participants.

### WE RECOMMEND

During the summer season we recommend a stop in the bay to relax. The cristalline water invites to swim and have a sandwich in the sun before starting again for the return to Castiglione della Pescaia.



DIFFICOLTÀ

easy /  
intermediate



DURATA

2-3 hours



DISTANZA

about 40 km



TERRENO  
asphalted

/  
dirt roads



TIPO BICI  
e-bike, mtb  
Gravel bike



BIKE SHUTTLE

on request

#### The rate includes:

- Specialized bicycle guide
- Bicycle helmet
- Technical assistance
- Insurance



## SOME MORE INFORMATION ON BORGHI & CASTELLI BIKE TOUR

### WHAT IS INCLUDED IN THE BORGHI E CASTELLI BIKE TOUR?

The area of the Maremma is rich of history and culture that you can still feel in the atmosphere of the many picturesque villages. On our bikes we are going to explore the most important one such as Vetulonia where today we can still find the proves of its past as a mercantile city in Etruscan times. In the so called "Alta Maremma" with the metalliferous hills we find countless less known but wonderful villages such as Roccatederighi, Sassofortino or Montemassi until reaching the splendid Abbey of San Galgano, with the famous sword in the rock.

### HOW LONG TAKES THE BORGHI & CASTELLI BIKE TOUR?

Our bike tour can vary between a minimum of about 40-50 km to cycle in 3-4 hours up to about 70-80 km. Along the trails stops to visit the villages and to have a light lunch with tasting local products are planned.

### WE RECOMMEND

The tours can be customized in length and level of difficulty following the preferences of our clients. For the longer tours (70-80km) we recommend a pick-up service with our comfortable van to return.

# BORGHI & CASTELLI TOUR

We recommend the use of e-bikes, road or Gravel bikes



DIFFICOLTÀ

intermediate /  
difficult



DURATA

3-4 hours



DISTANZA

about 50 - 60  
km



TERRENO

asphalted  
roads



TIPO BICI

e-bike, road or  
Gravel bike



BIKE SHUTTLE

on request

#### The rate includes:

- Specialized bicycle guide
- Bicycle helmet
- Technical assistance
- Insurance



# DISCOVER TUSCANY

## CHIANTI BIKE CLASSICO

## VAL D'ORCIA E CRETE SENESI

## TUSCANY HOT SPRINGS

**E-BIKE, TREKKING BIKE, ROAD OR GRAVEL BIKE**

Castiglione della Pescaia is the ideal start for all the people who would like to discover Tuscany by bike visiting the incredible landscapes of the Chianti and the Val D'Orcia area. Thanks to the combination of bike & train or with our Van we can reach in only 40 minutes this worldwide known and unique territory!

At the end of the tour you can choose between a glass of excellent wine or to swim in hot springs! It's up to you...

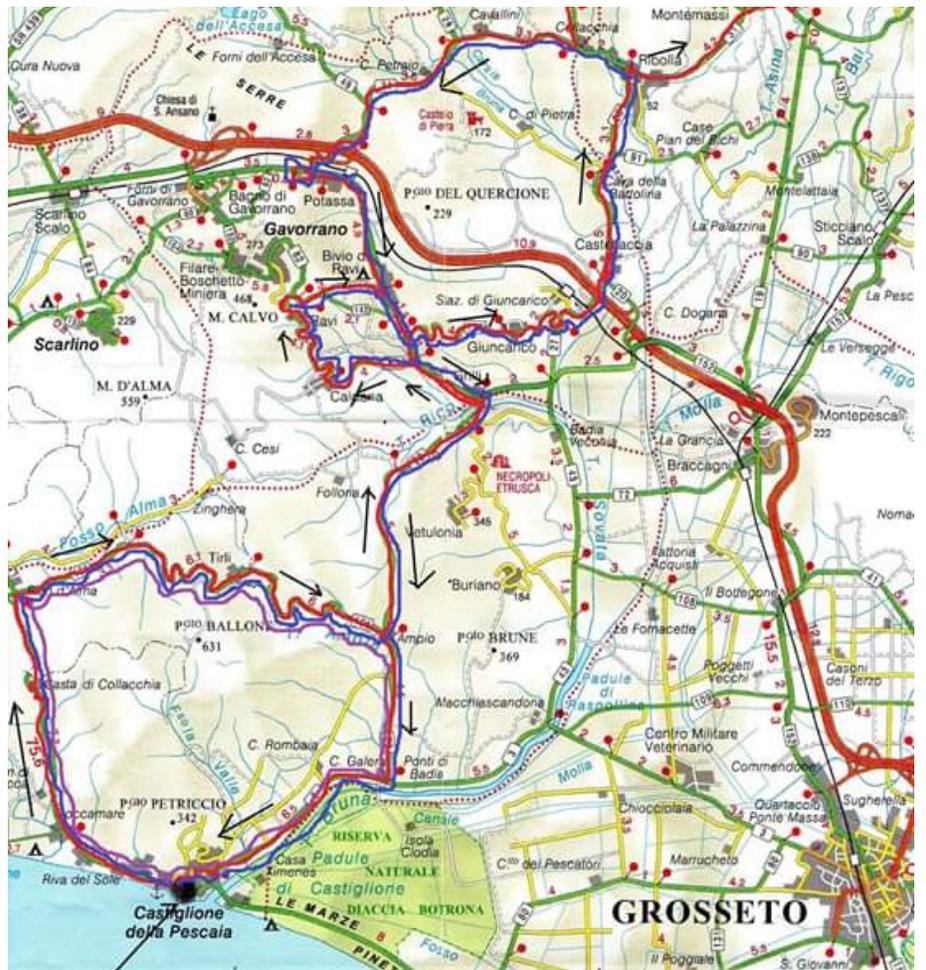


# ROAD & GRAVEL BIKE TOUR

Discover all our trails for road bikes or Gravel bikes

We decided to create a network of circle paths along quiet country roads for all road and gravel bike lovers. With all our experience we are going to recommend you the most suitable trails, the best spots to visit and the best restaurants to have lunch at and to take some photos.

Decide to come to the Maremma area and we are going to provide you local and professional guides or a gps bike computer to bike independently in this unique area.



# ROAD & GRAVEL BIKE TOURS



## 1. Day - Massa Marittima (Medieval Tour & Wine)

Point of departure and return: Castiglione della Pescaia

Distance: 90 km

Difference in altitude: 300 m

Type of roads: asphalted roads

Level of difficulty: intermediate

We cross the area of the "colline metallifere" and of the medieval towns of Caldana, Ravi and Gavorrano. On our way to Massa Marittima we can visit the famous Lago dell'Accesa with its beautiful countryside, that are a must for any road bike lover.



## 2. Tag - Morellino di Scansano & Saturnia (Hot Springs)

Point of departure and return: Castiglione della Pescaia

Destination: Saturnia

Distance: 70 km

Difference in altitude: 500 m

Type of roads: asphalted roads

Level of difficulty: intermediate

This tour brings us to a magic and unique area with its typical Tuscan landscape, cypress trees and vineyards, that we will cross before we arrive to Saturnia with its famous hot springs... having a bath is a must!

**Return by Minivan!**



## 3. Day - Le Vie Etrusche (Villages & Landscapes)

Point of departure and return: Castiglione della Pescaia

Distance: 70 km

Difference in altitude: 300 m

Type of roads: asphalted roads

Level of difficulty: intermediate

The Maremma is the land of the Etruscans and is rich of testimonials of these passed times. We ride along the antique etruscan ways of communication to reach the necropolis of Vetulonia and the archeological museum.



## 4. Day - Road to Siena & Val d'Orcia (L'Eroica)

Point of departure and return: Castiglione della Pescaia

Destination: Buonconvento

Distance: 90 km

Difference in altitude: 700 m

Type of roads: asphalted roads

Level of difficulty: intermediate

Cycling in the area of Val D'Orcia is the absolute dream of every road bike lover! The soft hills of the Crete Senesi are unique in the world. Cycling through the background areas of famous films like "The Gladiator" is going to make this experience unforgettable.

The return is a combination of cycling and train!

# LOCAL WINE EXPERIENCE

## Le Mortelle

Le Mortelle estate is in the heart of Maremma in Tuscany, near the town of Castiglione della Pescaia set in an extraordinary and fascinating position both for the territory's unparalleled natural beauty and its historical heritage and culture.

Since 1999, when the property was acquired, the family has dedicated their efforts to improving the vineyards and building the new winery with the firm belief that this area, slowly emerging on the Italian viticultural horizon, has great potential for the production of high quality wines. Varieties grown in this area can fully express their own characteristics as well as the exceptional qualities of the terroir.

## Tenuta Fertuna

For its guests, Tenuta Fertuna has designed a special welcome journey according to the quality of its products. In addition to the cellar tour, you can take advantage of the Villa's beautiful structure and the splendid garden that surrounds it. Every wine enthusiast can taste our wines, combining them with Tuscan cuisine, deepening their knowledge of our labels in the wine shop and enjoying a moment of peace by taking a seat in the relaxation room or strolling in the Italian garden with a nice glass of wine.

## Rocca di Montemassi

The Zonin Family's decisions have endorsed an approach that strictly follows local traditions: on the one hand, restoration that is as respectful as possible of the pre-existing premises for the creation of the company buildings, in line stylistically with other constructions in the area rather than going all out for modernity and, on the other, particular attention to ecological sustainability. Hundreds and hundreds of olive trees, maritime pines, oleanders, cork oaks, Scotch brooms and strawberry trees have been planted in order to re-establish the identity of the rural landscape. The Family has made Rocca di Montemassi into a temple of fine wine. Their commitment has made what was already in the sixth century B.C. a land devoted to Bacchus into a repository of absolute quality.

## Rocca di Frassinello

At Rocca di Frassinello it is now possible to rediscover the ancient wine-making traditions of Maremma through the visit of the experiential exhibition "Etruscans and wine at Rocca di Frassinello" inaugurated in 2015 based on the project of the architect Italo Rota. The archaeological finds – mostly are jars and goblets used to drink wine – found inside the property during the recovery work of the Etruscan necropolis of San Germano (one of the most important archaeological site of the territory of the ancient city of Vetulonia) allows the guests to jump back by centuries, to rediscover the wine traditions of a population that almost 3000 years ago already cultivated the vine in these lands.



# CUSTOMIZED BIKE TOURS

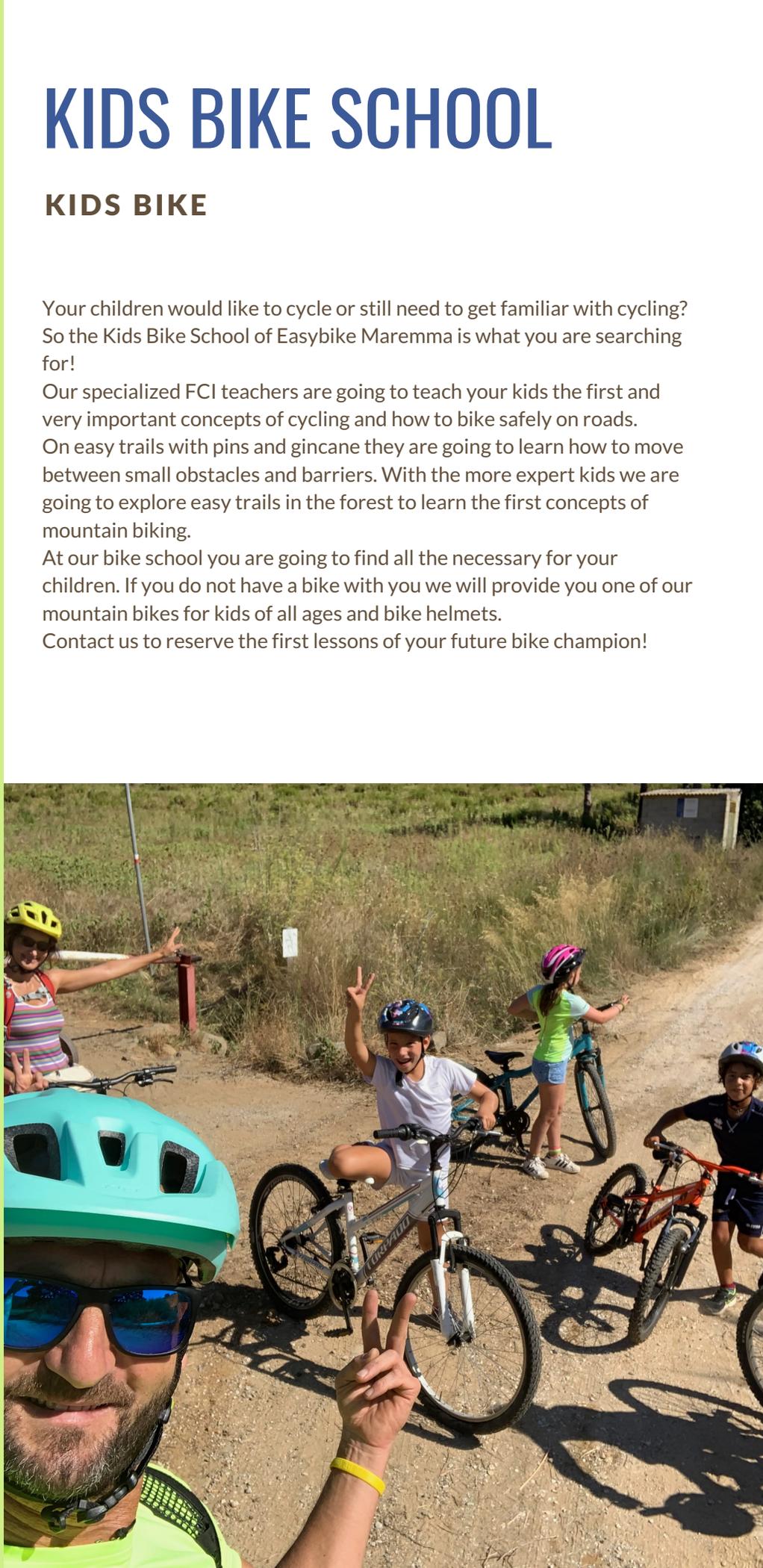
**E-BIKE, CITY OR TREKKING BIKE, ROAD  
OR GRAVEL BIKE**

In case you did not find the best tour for you among our proposals, we are always glad to organize a customized bike tour following your requests.

We can propose you stage tours, group tours for special events, orienteering and team building for companies.

Contact us and we are going to organize a bike tour that suits your request in the sign of sport, fun and wellness!





# KIDS BIKE SCHOOL

## KIDS BIKE

Your children would like to cycle or still need to get familiar with cycling? So the Kids Bike School of Easybike Maremma is what you are searching for!

Our specialized FCI teachers are going to teach your kids the first and very important concepts of cycling and how to bike safely on roads. On easy trails with pins and gincane they are going to learn how to move between small obstacles and barriers. With the more expert kids we are going to explore easy trails in the forest to learn the first concepts of mountain biking.

At our bike school you are going to find all the necessary for your children. If you do not have a bike with you we will provide you one of our mountain bikes for kids of all ages and bike helmets.

Contact us to reserve the first lessons of your future bike champion!



# BIKE TOURS FOR GROUPS & INCENTIVES

As usual we propose also for the season 2020 the organization of bike tours for large groups and incentives.

We can propose you various types of trails and adapt our tours to your requests and the number of people who are going to participate.

There is the possibility to form different groups of the same level of ability or to be able to combine various activities during the day.

A first hint of the possible types of trails may be our proposals in the previous pages of this brochure.



# OUR BIKES FOR RENT SEASON 2020



e-mtb full suspension



e-mtb front suspension



e-trekking bike



road bike



Gravel bike



Trekking bike



City bike



Junior bikes  
16" - 20" - 24"



Front and back  
bicycle seats



bike trolley

## WE BRING THE BIKES TO YOUR HOTEL!

FREE BIKE DELIVERY TO YOUR HOTEL FOR BIKE RENTALS OF MORE THAN € 100,00-  
OTHERWISE € 20,00-



# BIKE RENTAL RATES: SEASON 2020

(all rates VAT excluded)



e-mtb full suspension



e-mtb front suspension



e-trekking bike



road bike



Gravel bike



Trekking bike



City bike



Junior bikes  
16" - 20" - 24"



Font and back  
bicycle seats



bike trolley

## BICYCLES

	<u>½ DAY</u>	<u>1 DAY</u>	<u>2 DAYS</u>	<u>3 DAYS</u>	<u>4 DAYS</u>	<u>5 DAYS</u>	<u>6 DAYS</u>	<u>7 DAYS</u>	<u>Ogni giorno In più</u>
CITYBIKE	7€	10€	18€	24€	32€	40€	48€	56€	6€
TREKKING BIKE	11€	16€	27€	38€	49€	60€	71€	82€	9€
MTB	15€	20€	35€	50€	65€	80€	95€	110€	15€
ROAD & GRAVEL BIKE ALLOY FRAME	20€	30€	55€	80€	105€	130€	155€	180€	20€
ROAD BIKE CARBON FRAME	25€	35€	65€	95€	125€	155€	185€	215€	25€
JUNIOR TAXI DRIVER	8€	12€	20€	28€	36€	42€	50€	58€	6€

## E-BIKES

	<u>½ DAY</u>	<u>1 DAY</u>	<u>2 DAYS</u>	<u>3 DAYS</u>	<u>4 DAYS</u>	<u>5 DAYS</u>	<u>6 DAYS</u>	<u>7 DAYS</u>	<u>Every day more</u>
CITYBIKE	20€	30€	55€	75€	100€	120€	140€	160€	16€
TREKKINGBIKE	25€	35€	60€	85€	110€	130€	150€	170€	18€
MTB FULL SUSP	----	45€	80€	115€	140€	175€	210€	245€	30€
MTB FRONT SUSP	----	40€	70€	100€	130€	160€	190€	220€	25€

Supplement for the transport service for bicycles to agree in case of a rental fee of less than 100€.

Rental of accessories:

Bicycle helmet (for adults and children): 2€ per helmet and day

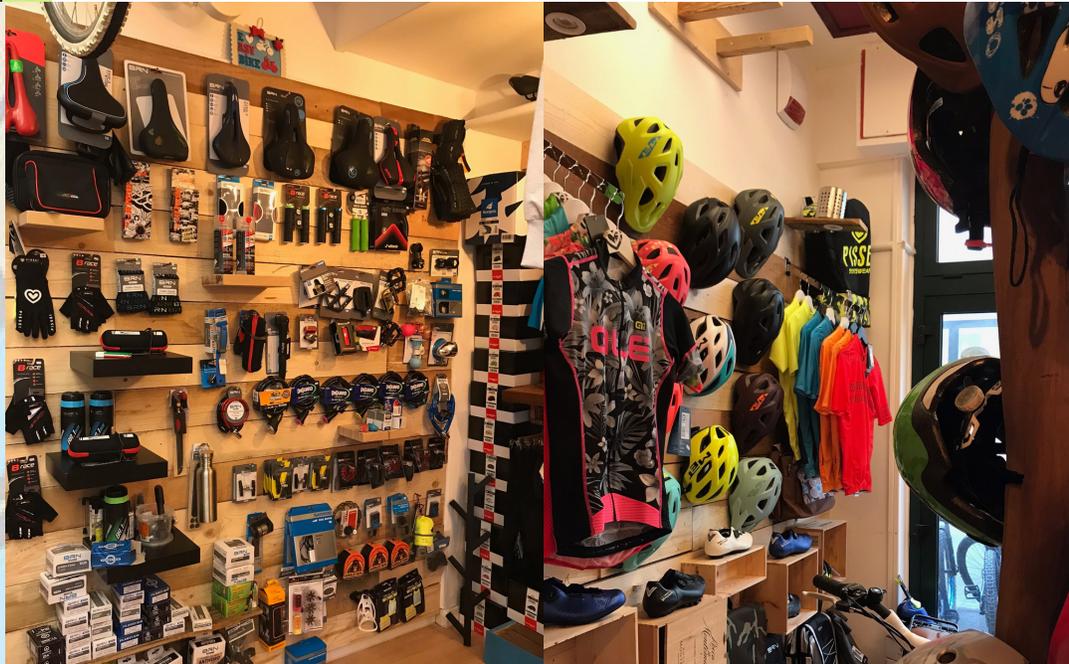
Front or back bicycle seats: 2€ per seat and day



# OUR BIKE SHOP

VIA CESARE BATTISTI,2  
CASTIGLIONE DELLA PESCAIA (GR)

At our bike shop you can find cycling clothing of the best brands for road and mountain biking such as Pissei, POC, Vittoria, Met e Bluegrass helmets, Alè Cycling and Cinelli. Furthermore we offer a wide range of accessories for your bike and your bike tours!



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